

STJ House League

Fall/Winter 2022-2023

FAQ's

Mission:

The objective of The St. James House Hockey League is to provide a fun and competitive atmosphere for recreational hockey. We aim to create a supportive learning environment where players of all age groups can maximize the development of their individual athletic skills. Our focus is on mentoring; developing and shaping the character of the young men and women that participate in The St. James Hockey Program. These objectives are achieved through an ADM style on ice training regimen under the direction and supervision of the dedicated coaches and volunteers.

The St. James Membership:

STJ Membership is not required to participate in the house hockey league. Members of The St. James receive 20% off season fees, clinics, private and semi-private lessons, stick and puck, and camps. Players must have an active membership and hold their membership throughout the hockey season to receive the membership discount.

Please contact Latasha Thomas-Jacobs if you are interested in becoming a member of The St. James at Latasha.thomas-jacobs@thestjames.com.

League

Division	Birth Years	Practices	Games
6U Mini Mites	(2017-2016)	Fridays 5:20-6:40PM	Saturdays 9:10-10:10AM
8U Cross Ice	(2015-2014)	Saturdays 7:00-8:00AM	Sundays 7:00-8:00AM
10U Cross Ice	(2013-2012)	Saturdays 7:00-8:00AM	Sundays 7:00-8:00AM
10U/12U Full Ice	(2012-2010)	Saturdays 7:00-8:00AM or 8:00-9:00AM	Sundays 7:00-8:20AM or 8:30-9:50AM
14U/16U Full Ice (No contact)	(2009-2006)	Saturdays 8:10-9:30AM	Sundays 8:10-9:30AM or Sundays 5:00-7:00PM

*10U Cross Ice is for players who are ready for game play but may not yet be ready for full ice play 10U/12U.

Season Dates:

- 19-Week Season
- Evaluation Skates will take place over 9/10 & 9/11
- Regular season practices and games will begin on 9/17 & 9/18
- Playoffs or season ending games 2/25 & 2/26
- No practices or games will be held over the following weekends:

ACC Fall Classic Weekend	11/5/2022-11/6/2022
Thanksgiving Break	11/26/2022-11/27/2022
Winter Holiday Break	12/24/2022-12/25/2022 & 12/31/2022-01/01/2023
MLK Weekend	01/14/2023-01/15/2023
Presidents Day Weekend	02/18/2023-02/19/2023

*Camps and lessons will be available during the above off dates.

Practices & Games

A typical house league weekend includes practice on Saturday and a game on Sunday. Away games will be added for divisions with two teams (typically 8U and 14/16U). When away games are played, those games replace STJ ice time. Travel time for away games will be 60-minutes at most. For divisions with four or more teams (typically 10U/12U), games will be against other STJ House League teams.

8U

- 15-25, 60-Minute Weekend Practices
- 10-15 Weekend Games
- Season Ending Jamboree

10U Cross Ice

- 15-25, 60-Minute Weekend Practices
- 10-15 Weekend Games
- Season will conclude with two full ice games

10U/12U Full Ice

- 20-25, 60-Minute Weekend Practices
- 15-20 Weekend Games, three 14-minute periods
- Playoffs

14U/16U Full Ice No Contact

- 15-25, 80-Minute Weekend Practices

- 15-20 Weekend Games, three 15-minute periods
- Season will conclude with regular games, playoffs will be played if the division has four teams.

Coaches and Culture:

At STJ Hockey we aim to provide a positive structured learning environment for our student-athletes; an arena that fosters personal growth, character, and athletic development. Ultimately advancing quality individuals who are prepared to lead on and off the ice. Our program is committed to the development of all student-athletes by placing an emphasis on:

- Quality coaching;
- Fundamental skill development through proper instruction and repetition;
- Instilling values of character, integrity, sportsmanship, and teamwork;
- Having fun
- Respect the game and all involved including but not limited to; teammates, coaches, opponents, referees, parents, and arena staff

Commitment:

House hockey is a large time and financial commitment. We expect our players to attend every practice and every game. Hockey is the ultimate team game requiring the commitment of each individual for the betterment of the entire group. While we understand rec hockey may not be your players first priority, we require clear and consistent communication if players will be unable to attend practices and games.

Cost:

Division	Non-Member	Member	Non-Member Goalie	Member Goalie
6U	\$750.00	\$600.00	N/A	N/A
8U	\$750.00	\$600.00	N/A	N/A
10U Cross Ice	\$750.00	\$600.00	N/A	N/A
10U/12U Full Ice	\$1,250.00	\$1000.00	\$1000.00	\$800.00
14U/16U Full Ice	\$1,250.00	\$1000.00	\$1000.00	\$800.00

*Only full-time 10U-16U full ice goalies are eligible for the goalie discount. *Payment plan information available below.

In addition to the cost above there is a transaction fee taken by our technology provider. The percentage is 3.75% for all credit card transactions and 2.5% for all ACH transactions. The fee can be avoided by paying via check IN FULL by September 1st, 2022. Checks should be made payable to The St. James and mailed to The St. James, 6805 Industrial Rd. Springfield, VA 22151 or dropped in the check deposit box located in the hockey office.

House League Fees Cover:

- Practices

- Games
- House League Jersey
- House League Socks
- Professional Coaching and Pristine Facilities

Payment Plan Options:

Plan A: Paid in Full

Division (Player)	Total Non-Member	Deposit (9/1/22)	Payment #1 (10/1/22)
6U, 8U, 10U Cross Ice	\$750	\$250	\$500
10U-16U Full Ice	\$1,250	\$250	\$1,000

Division (Player)	Total Member	Deposit (9/1/22)	Payment #1 (10/1/22)
6U, 8U, 10U Cross Ice	\$600	\$250	\$350
10U-16U Full Ice	\$1000	\$200	\$800

Division (Goalie)	Total Non-Member	Deposit (9/1/22)	Payment #1 (10/1/22)
10U-16U Full Ice	\$1000	\$250	\$750

Division (Goalie)	Total Member	Deposit (9/1/22)	Payment #1 (10/1/22)
10U-16U Full Ice	\$800	\$200	\$600

Plan B: Three Payments (Full Ice Divisions Only)

Division (Player)	Total Non-Member	Deposit (9/1/22)	Payment #1 (10/1/22)	Payment #2 (11/1/22)	Payment #3 (12/1/22)
10U-16U Full Ice	\$1,250	\$250	\$334	\$333	\$333

Division (Player)	Total Member	Deposit (9/1/22)	Payment #1 (10/1/22)	Payment #2 (11/1/22)	Payment #3 (12/1/22)
10U-16U Full Ice	\$1000	\$200	\$268	\$266	\$266

Division (Goalie)	Total Non-Member	Deposit (9/1/22)	Payment #1 (10/1/22)	Payment #2 (11/1/22)	Payment #3 (12/1/22)
10U-16U Full Ice	\$1000	\$250	\$250	\$250	\$250

Division (Goalie)	Total Member	Deposit (9/1/22)	Payment #1 (10/1/22)	Payment #2 (11/1/22)	Payment #3 (12/1/22)
10U-16U Full Ice	\$800	\$200	\$200	\$200	\$200

Parent Volunteers:

The St. James House League requests volunteers for the following positions for each team each season:

- Team Manager
- Penalty Box Attendants
- Score Clock Operators
- Locker Room Monitors